

# Breakfast Menu

## Hearty Choices

### **Sizzling Skillet 11.66**

Two eggs any style, two French toast triangles with your choice of bacon strips or sausage links and breakfast potatoes.

### **Breakfast Burrito 10.34**

Eggs with diced ham and cheese wrapped in two flour tortilla and topped with salsa picante and served with breakfast potatoes

### **Garden Omelette 10.34**

Two egg omelette with green peppers, mushroom, onions, tomatoes and served with breakfast potatoes and toast.

### **Freestyle Omelette 11.66**

Choose your favorite ingredients or mix them all: tomatoes, peppers, onions, mushroom, sausage, ham and cheese. Served with breakfast potatoes and toast.

### **Caramelized Oatmeal 7.95**

Oatmeal covered with fresh sliced bananas and topped with a caramelized sugar crust

### **Buttermilk Pancakes 8.75**

Stack of four fluffy buttermilk pancakes served with syrup and butter.

### **Chocolate Chip Pancakes 9.01**

Four pancakes filled with chocolate chips and topped with powdered sugar and whipped cream.

### **French Toast 8.75**

Four thick fluffy golden brown triangle shaped slices, dusted with powdered sugar.

### **Pancake Combo 11.93**

Two buttermilk pancakes served with two eggs any style with your choice of bacon strips or sausage links and breakfast potatoes.

### **Special Breakfast Madness 9.28**

Scrambled eggs served with two sausage links, two bacon strips, breakfast potatoes, toast, a glass of juice and one cup of coffee or tea.

## Healthy Favorite Choices

### **Bowl of Diced Fruits 7.16**

Freshly diced fruits of the day.

### **Egg White Veggie Omelette 11.40**

With green peppers, mushroom, onions, tomato and served with breakfast potatoes and toast.

### **Egg White 9.81**

Served any style with cottage cheese, breakfast potatoes, wheat toast and fresh fruits.

**A CUP OF FRESHLY BREWED COFFEE OR TEA IS SERVED WITH THE HEARTY CHOICES AND HEALTHY FAVORITE CHOICES**

## Sides

**Bagel & Cream Cheese: 4.24 / Blueberry Muffin: 4.24 / Croissant (2 pc): 4.24  
Toast (2pc): 1.86 / Two Boiled Egg: 4.24 / Bacon Strips (4 pc): 3.71  
Breakfast Potatoes 3.71 / Extra Veggies, Cheese or Syrup 0.80 / Cereals 3.71  
Orange Juice 3.18 / Cranberry or Apple Juice 3.18**

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# Lunch Menu

## Soup and Salads

<b>Soup of the day</b>	<b>5.83</b>	<b>Cobb Salad</b>	<b>13.52</b>
<b>Caesar Salad</b>	<b>10.34</b>	Chicken breast, greens mix, avocado, bacon, boiled egg, tomatoes, marinated Kalamata olives, blue cheese and pickled red onions.	
Romaine hearts, shaved parmesan cheese, croutons with Caesar Dressing.			
<b>Add: Grilled Chicken Breast</b>	<b>4.24</b>	<b>Quinoa Tabbouleh Salad</b>	<b>11.13</b>
<b>Watermelon and Feta Salad</b>	<b>10.60</b>	Peruvian quinoa tossed with chopped parsley, mint, green scallion, tomatoes, cucumbers, red onions, lime juice, EVOO and grilled pita bread triangles.	
Served with mixed greens, EVOO and dressed with balsamic vinegar.			

## To Share

<b>Nachos Supreme</b>	<b>8.75</b>	<b>Mediterranean</b>	<b>9.81</b>
Corn nachos, chili con carne, cheese sauce, pico de gallo and sour cream.		Crudités, humus, marinated olives and tomato tapenade.	
<b>Cheese Quesadilla</b>	<b>9.28</b>	<b>Loaded Baked Potato</b>	<b>8.22</b>
Flour tortilla, mozzarella cheese, gouda cheese and pico de gallo.		Served with chili con carne, bacon, cheddar cheese and green onions	
<b>Add: Grilled Chicken Breast</b>	<b>4.24</b>	<b>Add: Grilled Tenderloin</b>	<b>6.63</b>

## Tasty Sandwiches

<b>Fisherman's Sandwich</b>	<b>14.05</b>	<b>Cheese Steak Sandwich</b>	<b>13.78</b>
ajun spiced Pangasius grouper, tomato tapenade in a hoagie bread.		Minute steak, onions, pepper topped with gouda, cheddar and mozzarella cheese in a baguette	
<b>Traditional Club Sandwich</b>	<b>12.72</b>	<b>Vegan Wrap</b>	<b>13.25</b>
Turkey slices, cheese, ham, bacon, lettuce, tomato and fried egg served with white/wheat toast.		Zucchini, quinoa, yellow squash, grilled Portobello, arugula, caramelized onion in a soft spinach wrap with tzatziki dressing	
<b>Oriental Chicken Sandwich</b>	<b>12.99</b>	<b>Gyro Beef Flatbread</b>	<b>13.78</b>
Grilled chicken breast seasoned in Chef's secret ingredients and topped with pickled Daikon and carrots on a bed of arugula served in a hoagie bread		Minute steak, arugula, tomato, cucumber, red onions, Kalamata olives with a yogurt dressing and crudité	
<b>Calypso Shrimp</b>	<b>14.05</b>	<b>Grilled Kafta Pita Sandwich</b>	<b>11.93</b>
Diced shrimp served in a homemade calypso sauce on baguette		Minced beef skewer with diced tomatoes, red onions and tzatziki sauce	
<b>Tuna Pocket</b>	<b>10.87</b>	<b>Grilled Kielbasa Sandwich</b>	<b>11.93</b>
Pita bread stuffed with tuna salad, lettuce and tomato.		Served with chili con carne and cheddar cheese	

\* All sandwiches are served with French Fries or Cole Slaw \*

## Our Specialties

<b>Traditional Burger</b>	<b>12.99</b>	<b>Cabana Burger 8oz</b>	<b>15.37</b>
Char-grilled and served with lettuce, tomato & red onion and served with French fries.		<b>(Our house specialty burger)</b>	
		Caramelized onion, mushrooms, American cheese served with French Fries.	
<b>Mahi Taco</b>	<b>13.78</b>	<b>Jerk Chicken</b>	<b>14.58</b>
Blackened Mahi filet, flour tortilla, mixed greens, pico de gallo, guacamole and sour cream.		Jamaican marinated roasted half chicken with jerky sauce with French fries	
<b>The Beyond Burger (VEGAN)</b>	<b>15.64</b>		
Plant-based char-grilled burger served in with lettuce, tomato, red onion and French fries			

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# Islander Grill Restaurant

## Dinner Menu

### STARTERS

<b>Soup of the day</b>	<b>5.83</b>	<b>Caesar Salad</b>	<b>10.34</b>
		Romaine hearts, shaved parmesan cheese, croutons with Caesar Dressing.	
<b>Calamari Rings</b>	<b>9.28</b>	<b>Caesar Salad with Chicken</b>	<b>14.31</b>
Served with pica di papaya remoulade			
<b>Coconut Shrimp</b>	<b>14.58</b>	<b>Oriental Chicken Salad</b>	<b>12.99</b>
Crispy on the outside, succulent in the inside and served with a papaya hot sauce		Mixed greens, citrus soy dressing, cucumber, toasted almonds, mandarin and marinated grilled chicken breast.	
<b>Peruvian Ceviche</b>	<b>8.22</b>	<b>Seafood pineapple and feta salad</b>	<b>14.58</b>
Mahi Mahi cured in lime juice, cilantro, onions, fresh Madam Jeanette pepper and plantain chips		Mixed greens, shrimp, calamari and mahi mahi with pineapple chunks, tomato, cucumber, feta cheese dressed with a mango vinaigrette	
<b>Chicken Mushroom Vol au Vent</b>	<b>11.40</b>		
Creamy chicken and mushroom in a flakey puff pastry			
<b>Seared Tuna Salad</b>	<b>13.52</b>		
Served with arugula, wasabi mayo, mango with a cilantro lime dressing			

### Entrée

<b>Shrimp Scampi</b>	<b>22.79</b>	<b>Blackened Mahi Mahi</b>	<b>20.67</b>
Olive oil, garlic, white wine with hearty shrimp and spaghetti pasta		Cajun rubbed and served with mango pineapple salsa	
<b>Frutti de Mare</b>	<b>23.85</b>	<b>Almond Herb Breaded Grouper</b>	<b>19.61</b>
Variety of seafood cooked in white wine, light marinara sauce and linguini pasta		Pangasius grouper served with white wine sauce	
<b>Linguini Vongole</b>	<b>20.67</b>	<b>Margherita Chicken</b>	<b>20.14</b>
Linguini pasta cooked in olive oil, garlic, white wine and whole clams		Served with spaghetti and Pomodoro sauce	
<b>Pasta Primavera</b>	<b>18.02</b>	<b>BBQ Ribs</b>	<b>22.00</b>
Penne pasta, sundried tomato pesto and seasonal vegetables		Served with a bourbon sauce	
<b>Beef and Chicken Skewer</b>	<b>24.38</b>	<b>Beef Tournedos 8oz</b>	<b>23.85</b>
Served with a spicy tamarind soy glaze		Café de Paris butter	
		<b>Pork Medallions</b>	<b>20.67</b>
		Wrapped in bacon and served with a wild mushroom sauce	

All non-pasta entrées are served with the chef's seasonal vegetables selection and your choice of rice or French fries

### Burgers

<b>Traditional Burger</b>	<b>12.99</b>	<b>Cabana Burger 8oz (Our house specialty burger)</b>	<b>15.37</b>
Char-grilled and served with lettuce, tomato & red onion and served with French fries.		Caramelized onions, mushrooms, American cheese served with French Fries.	
<b>The Beyond Burger (VEGAN)</b>	<b>15.64</b>		
Plant-based char-grilled burger served with lettuce, tomato, red onion and French fries			

### Sides

**French Fries: \$3.98   Baked Potato: \$3.98   Macaroni & Cheese: \$3.98   Rice: \$3.98**

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